

Online Patient Services

How to Request Proxy Access

Know

- Parents, stepparents, legal guardians and conservators can gain access to the online health record of children less than 12 years of age or for adults for whom they are overseeing healthcare.
- The parent, stepparent, legal guardian or conservator must be 18 years of age or older.

Do

- Go to: <https://myhealthonline.sutterhealth.org/mho/> or type My Health Online into your search engine.
- Click on **Sign Up Today**.



- Click on the **Proxy Access** hyperlink.
- Follow the directions online.

